

SERMON APPLICATION SHEET FOR:

Rev. Nathan Currey

Christ over Counterfeits

Colossians 2:16-23

September 20, 2026

Sermon Text	Sermon Notes
Colossians 2:16 Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. [17] These are a shadow of the things to come, but the substance belongs to Christ. [18] Let no one disqualify you, insisting on asceticism and worship of angels, going on in detail about visions, puffed up without reason by his sensuous mind, [19] and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God. [20] If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations— [21] “Do not handle, Do not taste, Do not touch” [22] (referring to things that all perish as they are used)—according to human precepts and teachings? [23] These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.	<i>Counterfeit spirituality may look wise, but only holding fast to Christ produces genuine spiritual growth.</i> I. Don't Choose the Shadow over the Substance (16-17) II. Don't Choose Spiritual Experiences over Christ (18-19) III. Don't Choose Man-Made Restrictions over Christ's Power (20-23) Memory verses for 2025- Matthew 7:24-25 [24] Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. [25] And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock.

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Sermon Application Questions	Prayer Requests
1. Am I delighting in Christ, or merely doing Christian things?	This week our family will lift up requests for:
2. What religious activity am I tempted to trust instead of Christ?	
3. Am I more fascinated by spiritual experiences or ideas than by Christ himself?	This week our family will praise the Lord for:
4. Am I holding fast to Christ through his Word, prayer, worship, and Christian fellowship?	
5. Have I turned a personal conviction into a rule for someone else's holiness?	HFG Notes & Actions:
6. Am I trying to change my heart with rules, or trusting Christ to change me?	Next HFG meeting is: