

# SERMON APPLICATION SHEET FOR:

Rev. Tony Felich

Rest For Your Soul

Matthew 11:25-30

February 8, 2026

Sermon Text	Sermon Notes
<p><b>Matthew 11:25</b> At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; [26] yes, Father, for such was your gracious will. [27] All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. [28] Come to me, all who labor and are heavy laden, and I will give you rest. [29] Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. [30] For my yoke is easy, and my burden is light."</p>	<p><b><i>Your soul can finally rest in Christ, because He reconciles you to God and lifts the weight of guilt and judgment.</i></b></p> <p><b>I. Truth is revealed by the Father (25-26)</b></p> <p><b>II. Truth is embodied by the Son (27)</b></p> <p><b>III. True rest is offered (28-30)</b></p> <p><b>Memory verses for 2026-</b></p> <p>Ephesians 4:1-3</p> <p>[1] I therefore, a prisoner for the Lord, urge you To walk in a manner worthy of the calling to which you have been called,</p> <p>[2] with all humility and gentleness, with patience, bearing with one another in love,</p> <p>[3] eager to maintain the unity of the Spirit in the bond of peace.</p>

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## Sermon Application Questions

1. Verse 25 teaches God's choice to conceal or reveal His truth. What is your response to this teaching of Scripture?

2. The sermon described people carrying guilt, expectations, comparison, and pretending to be OK. Do you relate with any of these burdens? How does it affect your relationship with God?

3. Jesus says we must learn from Him because He is gentle and lowly in heart. How does Jesus' gentleness change the way you approach Him after you fail?

4. Discuss this statement from JC Ryle-  
He says, *"My yoke is easy, and my burden is light." No doubt there is a cross to be carried, if we follow Christ. No doubt there are trials to be endured, and battles to be fought. But the comforts of the Gospel far outweigh the cross. Compared to the service of the world and sin, compared to the yoke of Jewish ceremonies, and the bondage of human superstition, Christ's service is in the highest sense easy and light. His yoke is no more a burden than the feathers are to a bird. His commandments are not grievous. His ways are ways of pleasantness, and all his paths are peace.*

5. Discuss: Christian in Pilgrim's Progress says the following after his burden of sin and guilt is lifted at the cross and empty sepulcher. -

*"Thus far did I come laden with my sin; Nor could anything ease the grief that I was in. Until I came here—What a place is this! This must be the beginning of my bliss! "For here, the burden fell from off my back, And here, the chains that bound it to me, did crack! Blessed Cross! Blessed sepulcher! Blessed rather be, The Man who there, was put to shame for me!"*

## Prayer Requests

This week our family will lift up requests for:

This week our family will praise the Lord for:

HFG Notes & Actions:

Next HFG meeting is: